



Hands Up

www.mutinyonthedancefloor.com

32-count, 4 wall Beginner-Plus line dance

Choreographed by Christopher Petre, 09/22/09; PetreThePirate@MutinyOnTheDanceFloor.com

Music: "Party in the USA" by Miley Cyrus, "The Time of Our Lives" CD, 98 BPM

(You don't have to put your hands up to dance this dance!)

1-8, Rock Forward R, Recover, ½ R Shuffle, Rock Forward L, Recover, ¼ L Side Shuffle

1,2 Rock forward on R, recover on L

3&4 Turn ¼ right (3:00) step R to right, step together on the L, turn ¼ right (6:00) step forward on R

5,6 Rock forward on L, recover on R

7&8 Turn ¼ left (3:00) step L to left, step together on the R, step L to left

(bumps hips left as you step if you like!)

9-16, Rock Forward R, Recover, ½ R Shuffle, Rock Forward L, Recover, L Coaster Step

1,2 Rock forward on R, recover on L

3&4 Turn ¼ right (6:00) step R to right, step together on the L, turn ¼ right (9:00) step forward on R

5,6 Rock forward on L, recover on R

7&8 Step back on L, step together on R, step forward on L

17-24, Side R, Together, Side R, Together, Side R, Touch L, L Kick Ball Change

1,2,3,4 Step the R to the right, step together on L, step the R to the right, step together on L

(Swing those hips! Swing hips left as you step side & right as you step together.)*

5,6 Step the R to the right, touch the L toe next to the R

7&8 Kick L forward, step the L next to the R, step the R in place next to the L

25-32, Side L, Together, Side L, Together, Side L, Touch R, R Kick Ball Change

1,2,3,4 Step the L to the left, step together on R, step the L to the left, step together on R

(Now Swing hips the other way... RIGHT as you step side & LEFT as you step together.)

(OH! And this is the part where you put your hands up! And have fun with it!)

5,6 Step the L to the right, touch the R toe next to the L

7&8 Kick R forward, step the R next to the L, step the L in place next to the R

REPEAT

- The idea here is to learn Cuban Motion. Bump out the hip OPPOSITE the foot you're moving!